

November 23, 2020

To the students of Construc-Plus Vocational Centre

Object: Confirmed case of COVID-19 in our centre

Madam,
Sir,

We have received confirmation of a case of COVID-19 from Public Health at our centre. To limit transmission, instructions were given to students who were in contact with the affected individuals.

The centre remains **open** and continues to implement all necessary measures to prevent further spread.

If you have not received a communication from Public Health, you may continue to attend your classes. We invite you to be particularly vigilant about your health.

If you have **one or more** of the symptoms listed below, please contact 1-877-644-4545 immediately to assess the appropriateness of scheduling an appointment for COVID-19 testing.

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I invite you to consult the COVID-19 Symptom Self-Assessment Tool online at <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/covid-19-symptom-self-assessment-tool/>, from which the symptoms to be monitored are mentioned:

- fever: oral temperature of 38.1 °C (100.6 °F) or higher;
- loss of taste and smell;
- cough (new or aggravated);
- shortness of breath, difficulty breathing;
- stomach aches;
- vomiting;
- diarrhea;
- sore throat;
- nasal congestion or runny nose;
- severe fatigue;
- significant loss of appetite;
- generalized muscle pain not related to physical exertion.

If the situation makes you feel anxious, stressed or depressed, you can call Info-social at 811.

Rest assured that we are closely monitoring the situation in collaboration with the regional Public Health authorities. Our priority remains the health of students and staff.

Thank you for your collaboration.

The director,



Stéphane Bédard

SB/sb